What's on the menu



Find out more about Food for Life at https://www.foodforlife.org.uk/

Week One

Large slice margherita pizza (v) Vegetable ravioli with crusty bread

Filled jacket potato with salad Seasonal vegetables and salad Fresh fruit platter

Baked pork sausages with gravy Quorn sausages with gravy (v) Cheese omelette roll (v)

Oven baked potato rosti Seasonal vegetables and salad

Oat cookie and orange segment

Roast chicken in gravy Quorn fillet in gravy (v)

Creamy one pot chickpea tomato pasta (v)

Roast potatoes Seasonal vegetables and salad Iced sponge

Pork or vegetarian meatballs in gravy served with rice and sweetcorn Filled jacket potato and salad

Seasonal vegetables

Jammy dodger

MSC Golden fish fingers Baked fishless fingers (v) Vegetable samosa pie (v)

Chipped potatoes or rice Baked beans and salad

Chocolate mousse

Week Two

Sweetcorn and pepper pizza (v) Quorn sausages with gravy (v) Filled jacket potato

Oven baked jacket wedges Baked beans and salad

Fresh fruit platter

Meat pie Veggie mince pie (v) Quorn slice in gravy (v)

Crushed baby potatoes Seasonal vegetables and salad Peach sponge and custard

Mild chicken curry, rice, naan bread Mild Quorn curry, rice, naan bread (v)

Filled jacket potato with salad

Seasonal vegetables and salad

Decorated jelly

Beef burger in gravy Quorn patty in gravy (v) Oven baked chicken tomato pasta

Crushed baby potatoes Seasonal vegetables and salad Blueberry muffin

MSC Battered fish fillet

Chicken and sweetcorn wrap (v)

Filled jacket potato with salad

Chipped potatoes Baked beans and salad

Ginger biscuit and orange segment

Week Three

Cheese whirl (v), baked potato and baked beans Tomato pasta (v) and salad Filled jacket potato and salad Fresh fruit platter

Homemade sausage roll or vegetarian sausage roll, chips and seasonal vegetables Filled jacket potato and salad

> Shortbread with orange segment

Minced beef hot pot, seasonal vegetables Vegetable ravioli with crusty bread (v)

Large slice margherita pizza (v) with coleslaw and salad

Chocolate cookie

Butter chicken, rice, naan bread Butter Quorn Curry, rice, naan bread (v)

Filled jacket potato with salad

Chocolate sponge and chocolate sauce

MSC Bubble crumb salmon or MSC Golden fish fingers

Mac and cheese (v) Filled jacket potato with salad

Oven baked potato wedges Seasonal vegetables and salad

Apple muffin

Available daily: fresh chopped salad, fresh fruit, yoghurt and drinks. Availability of products and serving days may vary slightly between schools - contact your school for more details

Week One

13/11/23, 04/12/23, 08/01/24, 29/01/24, 26/02/24, 18/03/24

Week Two

20/11/23, 11/12/23, 15/01/24, 05/02/24, 04/03/24, 25/03/24

06/11/23, 27/11/23, 18/12/23, 22/01/24, 12/02/24, 11/03/24

School Meals Standard Menu November 2023 – April 2024





School meals in Bolton MORE LOCAL THAN YOU THINK

Dear Parent/Guardian

Welcome to the new menu being served at your child's school. Choosing school meals for your child will teach them important social skills as well as providing all the nutrients young people need to help with their learning and development.

We only serve meals that children love to eat and we cater for medical & cultural diets, contact the school meals number for more information. Allergen information is also available on request on the website.

Eat a Rainbov

Our 'help yourself' salad trolleys are filled with brightly coloured veggies and are an excellent way of encouraging children to work towards their 5 a day.

Children can help themselves to the trollies in addition to any hot vegetables they have had from the counter.

School meals provide value for money and reduce shopping trips

School Meals offer a freshly prepared 2 course meal and a drink for less than the average cost of a meal deal.

Making a packed lunch can result in additional trips to the supermarket, meaning extra spend each week.

Let us take care of lunchtimes.

We know where ou food comes from

We aim to include as much fresh and local produce as possible in our recipes. We offer complete traceability on all our products from farm to fork.

Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org.

Many of our products are responsibly sourced too, we have accreditations to prove it. You can rely on us when it comes to quality. Supporting local businesses and reducing food miles and food waste are also top of our agenda.









Save over £300 per child per year with free school

School meals remain free for ALL children in reception, years 1 and 2 regardless of circumstances. However, please check/register to see if you are entitled to Free School Meals. You could help your child's school receive extra funding which could make a real difference to the quality of education and support offered. It is really easy to check just go to www.bolton.gov.uk. Don't forget to check/register to see if your older children can benefit from free school meals - just go to www.bolton.gov.uk



We are here to help

If you need any information or have any questions Visit: www.bolton.gov.uk/schoolmeals





